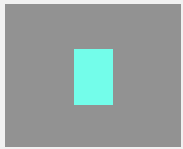


## does your home work **naturally**?

Will you enjoy the benefits of sunshine without glare?



Do you have small windows that will disconnect you from natural light?

high risk

1

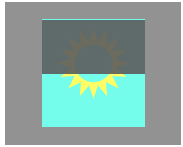
2

3

4

5

low risk



Will your shades block the sun's glare but also block views and natural light?

high risk

1

2

3

4

5

low risk



Will your shades make it difficult to wake gently with the dawn's natural brightening?

high risk

1

2

3

4

5

low risk

## is your future **bright**?

Add up your score to evaluate your lighting plans.



**105**  
or above

Your lighting is on the right track! Keep moving forward with a close eye on layout and fixture quality.

**90-104**

You are at risk for increased glare, energy loss, shadowing, health disruption or other hazards of substandard lighting.



**89**  
or less

Your lighting may be in critical condition and needs increased investment in planning and execution.



**light** can help you

visit [lightcanhelpyou.com](http://lightcanhelpyou.com) for more help



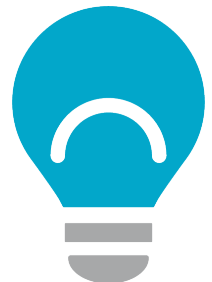
if **light** can help us...



## ELECTRICAL PLAN EVALUATION



...why does **lighting** hurt us?



## is it really **your** lighting?

Does your electrical plan take into account personal details?

	no	maybe		yes	
• Your heights?	<input checked="" type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
• Your ages?	<input checked="" type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
• Your eyesight and general health?	<input checked="" type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
• Your lifestyle?	<input checked="" type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
• Your hobbies and activities?	<input checked="" type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
• Your hosting style?	<input checked="" type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5

## will lighting bring you **down**?

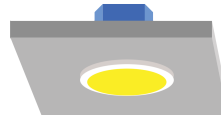
Does the quality of your lighting design match the home?

	ordinary			exceptional	
• Location/Site	1	2	3	4	5
• Architecture/Design	1	2	3	4	5
• Interior Design	1	2	3	4	5
• Materials & Finishes	1	2	3	4	5
• Construction Quality	1	2	3	4	5
• Lighting Design	1	2	3	4	5

## do you know the **downlight** difference?

Your downlight choice will affect you every day and every night.

low cost  
easiest install  
energy tight




high lumens  
no adjustability  
high glare

low cost  
standard install  
energy loss



low lumens  
poor adjustability  
moderate glare

higher cost  
skilled install  
energy tight



high lumens  
good adjustability  
lowest glare

lower installation costs...

...can bring more discomfort for you.

low quality

☐ 1

☐ 2

☐ 3

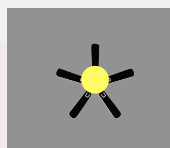
☐ 4

☐ 5

high quality

## is your lighting **well-planned**?

Will you have the right light in the right places?

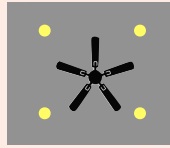


Ceiling fan lights can create harmful glare and leave important areas in shadow.

high risk

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

low risk

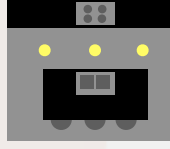


"Four-cans-and-a-fan" looks good on plan but often puts most of the light on the floor.

high risk

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

low risk

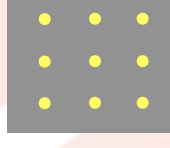


Countertops in kitchens may be shadowed by downlights not placed directly overhead.

high risk

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

low risk




Strict ceiling geometry may leave artwork, tables and seating areas in the dark.

high risk

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

low risk




One or two switches per room leave you with little adaptability for mood, task, wellness or age.

high risk

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

low risk

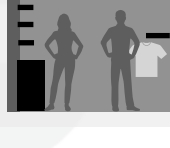


Lighting vanities from above may create harsh shadows on your face and under your chin.

high risk

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

low risk




A single light in a closet or pantry puts you between the light and what you need to see.

high risk

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

low risk



Dependence on overhead lighting can negatively affect your health and sleep cycles.

high risk

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

low risk